Hello Fellow Crazy ET Runners!

Race day is quickly approaching- I hope that you are just as excited as I am for the 19th annual ET race! Welcome back to the many of you that ran in past years' ET race or one of the many other Calico Racing events. Your return to another one of my events is a great compliment, so thank you. For all of the others, welcome to the growing Calico Racing family! I hope to make this a special event for everyone. Don't forget your costumes!

Below is some information about race day that will ensure for a smooth event. Please read it in its ENTIRETY as it will answer 99.9% of questions you may have.

- 1. <u>WHAT TO BRING, REQUIRED</u>: ALL Racers: Headlamp or flashlight; and reflective vest (those who pre-purchased online will receive it with their race packet). <u>Your light must be turned on! It is not only to see, but to BE seen.</u>
- 2. <u>Start/ Finish Line</u>: ALL race distances start and finish at the Little A'le'Inn in Rachel, NV.
- **3.** <u>Start times:</u> All runners must start with their respective gun time and be across the timing mats within 5 minutes of the official start. Those starting later than 5 minutes after the official gun start will be reported with gun time only.

7pm: Marathon and 51K7:30pm: ½ Marathon

7:45pm: 10K7:50pm: 5K

- 4. Volunteers: Please remember to thank your volunteers! They are out there in the middle of the night likely 2+ hours from home- true Angels! I am still looking for a few more volunteers! If you have someone traveling with you to the race that is not participating that is willing to help out on an assigned position for a couple of hours, please email me ASAP. I also have a few positions available for anyone running the 5K or 10K that is willing to volunteer before/ after they finish their race: calicoracing@hotmail.com
- <u>5. ***SWITCHING DISTANCES***</u> Calico Racing permits the switching of distance without an administrative fee (upgrade in distance fees apply) but YOU MUST TELL US! If you would like to switch distance from what you are registered for, please email me NO LATER THAN Wednesday of race week at 11:59pm. calicoracing@hotmail.com. Failure to comply will mess up the results and awards- so your cooperation is expected.
- <u>6. Contracted Bus Tickets ONLY:</u> If you are ALREADY registered for the race only, and would like to ADD the bus ticket (\$50 round trip per person). Seats are limited, so please do this ASAP for our final planning. **Use the "Register Now" link on the website and**

choose the "Contracted Bus Ticket ONLY" option at the bottom, for participants and/or spectator tickets. Tickets MUST be purchased by Thursday, May 8 at 12pm noon.

- 7. <u>Confirmed Bus Tickets:</u> A list of those who have confirmed bus tickets has been posted to the website. Please check to ensure you are on the list if you think you have a ticket. Any issues please email me ASAP to get it sorted out sooner than later. Please note the DATE on the first page, as it is not updated in real time. Note that there are no physical bus tickets. Volunteers will have a list of names of those who have purchased tickets.
- 8. <u>Bus Loading:</u> Buses load at The Orleans Hotel and Casino located at 4500 W. Tropicana Ave/ Las Vegas, NV 89103 for those that have paid for the contracted round trip bus transportation. Bus loading and unloading will be at the doors nearest the casino entrance on the West end of the casino. There is <u>open parking</u> in that lot as well as easy access to the parking garage, for guests that are not staying on property. <u>Buses will start loading at 3pm and will DEPART at 3:30pm sharp!</u> All buses go to the same place, so board any bus. These are coach buses with a bathroom. **Please note there is a LOT of construction around town. Please give yourself adequate time to arrive at the bus for a 3:30pm departure. Please consider coming through the casino and enjoy their Food & Beverage outlets pre or post race! <u>POST RACE</u>: Return departures back to The Orleans are at times TBD as contracts are finalized. The <u>final bus will depart at 3:05am firm</u>- please make note if you may be racing close to cut off, as we <u>cannot</u> hold the bus. Do NOT leave anything on the bus arriving TO or returning from the race.
- 9. PARKING at the Little A'le'Inn: For those that will be driving themselves, parking is available approximately ¼ mile away from the start/ finish line. You will enter on CANYON RD, following the signs and volunteer instructions to park. Regardless of race distance, you are strongly encouraged to arrive at the Little A'le'Inn no later than 7pm in order to not be delayed by runners on the road (7pm start time for the marathon and 51K). **If you are arriving in advance of 5:30pm, please follow the signs and try to park in accordance to our parking plan, prior to parking volunteer arrival. ** Driving pre AND post race: *** Please also note: Don't forget- when you're driving there may already/ still be runners on the road. Please drive slowly and give them the same level of respect you would desire. Also, please be mindful of NOT using your brights in the runners' eyes. Thanks.
- 10. PACKET PICK UP: Race Night at the Start Line at the Little A'le'Inn ONLY. Saturday, May 10: 6pm- 7:30pm: Packet pick up and event sales at the Little A'le'Inn will be outside just steps away from the start/ finish line and parking.

ADDITIONAL NOTE: Please note that Calico Racing does not accept credit cards at packet pick up, nor on race day. If you plan on registering for the race at the start line or possibly buying merchandise, please note it is **CASH ONLY**.

- **11.** <u>Timing Chips</u>: Chips must be worn <u>on your shoe, only</u>. Two beaded zip ties will be in your race packet to secure your timing chip to your shoe through your laces. Your loaner timing chip needs to be returned at the finish line. A volunteer will be on site to assist. Failure to return your timing chip immediately following the race will be subject to a \$10 fee.
- **12.** <u>Bib Numbers</u>: Bibs should be worn on your front. 4 pins will be included with your race packet.
- **13.** <u>Little A'le'Inn</u>: For those of you arriving into Rachel before the race, PLEASE do not go inside and ask the A'le'Inn staff about the race. They are busy with their own duties and are not informed about "all things race". The Little A'le'Inn will be open for business with limited menu items *for purchase*. They have retail items for sale and the bar (ID required) will be open- so bring some cash and please thank them for being a part of the ET race. **The Little A'le'Inn will close at 10pm, with their kitchen closing at 9pm.**
- **14.** <u>Post Race Food</u>: Post Race snacks are included in your entry fee and will be available OUTSIDE the Little A'le'Inn (finish line) from 8:15pm-3am. Runners' bib #'s will function as your ticket. Race provided snacks are for registered athletes only. Spectators should come self sufficient with their own food and beverages.

15. **SAFETY REQUIREMENT** You WILL be disqualified if not in compliance.

*All runners are REQUIRED to wear a 360 degree reflective vest AND carry a handheld flashlight or wear a headlamp (the light MUST be turned on! It is not only to see, but to BE seen); glow-bracelets will additionally be provided. A 360 degree reflective vest can be pre-purchased for \$10 during the registration process and will be collected at packet pick up. If you have one of your own you may wear that instead, but it must be a 360 degree reflective vest. (Yes, the Noxgear Vest is fine). At present, we anticipate having extra vests available for sale at packet pick up for \$10 (cash). We encourage you to additionally maximize your visibility with ankle or arm bands. All runners will be provided with 1 Glo bracelet please wear it- this is IN ADDITION to the reflective and light requirements!

- ***Please note that this is a permit requirement and you are required to comply in order to run the race. Your <u>vest</u> MUST be <u>360 degree</u> reflective. Any excess inventory of our vests after pre-sales will be available for purchase at packet pick up on a first come first serve basis until sold out.
- **16.** <u>Dry clothes bags:</u> Yes, you may have a dry clothes bag. Use your own bag and clearly mark it with your name. A tarp will be laid out near the start/ finish line. These will <u>not be guarded</u> so we are not responsible for lost belongings, so no valuables please. If you are driving yourself you can leave your belongings in your car, or on the tarps.
- **17.** <u>Pre-Race Fueling</u>: Due to the late time of night this race starts, many people find their pre-race fueling different than morning start times. I suggest eating your pre-race

meal as close to Las Vegas departure as possible- for most runners this is still 3+ hours prior to your start time. I also suggest bringing your own sports bar, drink, banana or snack of your choice for consumption maybe an hour prior to your start just to top off the tank.

- **18.** <u>Aid station and portable toilet locations</u> are listed on the website. Visit the "aid stations" tab listed under the event title.
- **19.** <u>Mile Markers</u>: Mile markers will be at each mile split for each of the 4 distances. They are signs placed inside traffic cones on the side of the road. The mile number is reflective! Signs are color coordinated: Marathon= Blue; 1/2 Marathon= Green; 10K= Silver. 5K= Purple. 51K is concurrent with the marathon until mile 15.81. * All marathon, and 51K runners must verbally tell their bib number to the clipboard volunteer at your turn around.
- **20.** <u>Cattle Guards:</u> There is 1 Cattle Guard on the marathon and 51K course near your far end turn around. There will be a sign alerting that it is coming up, and it will be covered closest to the shoulder of the road. There may be a "lip" to the covering, so PLEASE watch your step!
- **21.** <u>Costumes</u>: We highly encourage costumes at the race and have had some great ones in the past! We award "Best Costume" awards to the best 2 alien inspired costumes. If you would like to be considered for the award, please SEE ME at your start line while in costume. Your bib number must be visible. A race committee will make the final winner decisions.
- **22.** <u>Awards</u>: Awards will be handed out at the finish line as runners come in. Please listen to announcements and be sure to collect your award on site, as any requests for awards to be mailed will be subject to \$15 shipping fee.
- 23. <u>Weather</u>: Expect temps in the mid 60s at the start, cooling to mid 40s- no sun:) Great running weather, but expect to get a little chilly after your finish, so you may want to bring long sleeves and pants for post race!
- **24.** <u>Cell Service</u>: DO NOT EXPECT CELL SERVICE AT THE RACE VENUE. Coverage is spotty.
- 25. Virtual Race: Virtual Race Packets will be mailed out between May 8-18.
- **26.** <u>Fatigued Driving</u>: PLEASE be very cautious driving home after the race and stay alert! If you feel tired, pull over and REST. We take this very seriously and want everyone to get home safely. Space is still available on the buses if you would like to add a contracted bus ticket.
- **27**. <u>Course Safety:</u> **Three contracted Troopers will be on site, 2 at either end of the highway, and one roaming. They will be controlling traffic, however the roads will be open. Exercise extreme caution at all times. If you experience blurry vision or spatial

disorientation while running, it is advised to stop or slow down. Concentrate and focus on one area, such as the white line of the highway.

- You must run on the shoulder of the road. Running 2 abreast is only permissible if both of you are out of the roadway.
- Runners are not permitted to cross over the roadway. Stay on the south side of the Highway.
- Please appreciate the fact that this permit was extremely difficult to get, and a
 successful event is imperative to the perpetuity of this race. Your cooperation is
 required and appreciated. Anyone conducting themselves in such a way to
 jeopardize the safety of the event will be disqualified.
- Anyone dropping from the event MUST inform an aid station volunteer or report to the finish line. ALL timing chips must be returned!
- Yes- you may wear an Ipod as long as the volume is reasonable and you can hear on course communication and be aware of your surroundings.
- Yes- it is open range so you may see cattle on the roadway. Thus far we have not had any close cattle encounters during the race, but I have seen them in the road mid-day. If you see them, approach slowly and proceed with caution along the course.
- You MUST be wearing your 360 degree reflective vest and your light but be turned on.

Boy- that's a lot of stuff! Safety firstnow let's have some fun!!
See you all soon!
Joyce